



Columbia County Department of Health

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According to the Centers for Disease Control, we are beginning to see a decline in disease while the H1N1 vaccine supply continues to increase, presenting us with a “window of opportunity”, said Nancy Winch, Public Health Director for the Columbia County Health Department. “While the flu activity is declining, it is far from gone. Vaccine is the best prevention against the H1N1 virus because with more people vaccinated, and therefore protected, it is harder for the 2009 H1N1 virus to spread”, said Ms Winch.

The Columbia County Health Department will hold a free H1N1 flu vaccine clinic, on Saturday December 5, 2009 from 9:00 am to 2:00 pm at the Columbia Greene Community College, 4400 Route 23 Hudson for Columbia County residents 6 months or older and priority groups who have yet to get vaccinated. No appointment is necessary.

The H1N1 priority groups include these individuals:

- Pregnant women
- Children and young people ages 6 months through 24 years
- People who live with or provide care for infants under 6 months of age (e.g., parents, siblings, and daycare providers)
- People ages 25-64 years who have medical conditions that put them at higher risk for flu-related complications
- Health care workers and emergency medical services personnel

If you need additional information please contact the Columbia County Health Department at (518) 828-3358.